Graduate Student Parent Resources

The following resources are available through the University:

1. **Grant for Domestic & International Student Parents**

This grant may be applied toward housing, dependent health insurance, child care, and/or fee and tuition costs.

http://uhs.berkeley.edu/worklife/graduatebenefits.shtml

2. **Breastfeeding Support for Students & Partners**

The Breastfeeding Support Program (BFSP) is sponsored by University Health Services - Health*Matters, the worksite wellness program. The BFSP serves faculty, staff, students, and their spouses/domestic partners, as well as employees at UCOP and LBNL who choose to continue breastfeeding after returning to work or school. The program includes

- personal, electric breast pumps and personal kits sold at cost
- lactation rooms on campus (including on at Haas)
- breastfeeding classes facilitated by a certified lactation consultant.

http://uhs.berkeley.edu/Facstaff/healthmatters/breastfeeding.shtml

3. **Student Parent Center**

The Student Parent Center is intended for Undergraduate students, but there are some good resources listed on their website.

http://studentparents.berkeley.edu/

4. **Student Parent Resource list**

A helpful list that includes links to childcare resources, information on healthcare and housing resources.

http://studentparents.berkeley.edu/child-care/

5. **Childcare Resources**

Childcare community resources are listed on the following websites:

http://uhs.berkeley.edu/worklife/comm_childcare.shtml

http://uhs.berkeley.edu/worklife/childcare.shtml

6. **Berkeley Parents Network**

A parent-to-parent email network for the community of parents in the Berkeley, California area.

http://uhs.berkeley.edu/worklife/bpn.shtml